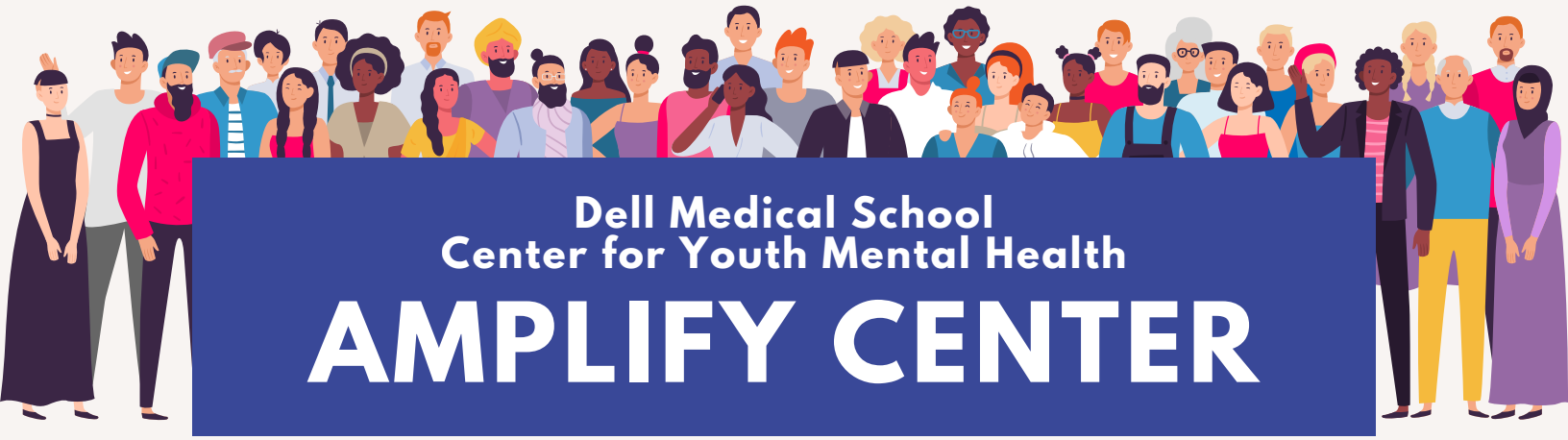

Dell Medical School
Center for Youth Mental Health

AMPLIFY CENTER

Amplify Center is a **young adult-specific clinic** designed to intervene in the early phases of mental illness. Amplify serves the *"missing middle"* individuals who need more intensive, sustained, & complex interventions than traditional therapy offers, but who do not qualify for the public mental health system (i.e., Integral Care) due to eligibility restrictions.

Amplify Center is a clinical service of UT Health Austin. During our pilot (2023-2024), Amplify is only open to Austin Community College students.

THERAPY

Manage stress & mental health while improving well-being via our evidence-based psychotherapies.

WORKSHOPS & GROUPS

Grow your social network, process life, learn new skills & have fun in tailored support, skills & community exploration groups.

CARE COORDINATION

Identify needs, secure resources & make connections via our community navigation services.

PEER SUPPORT

Experience validation, hope, & empowerment while navigating life via our peer support services.

VOCATIONAL SUPPORT

Develop your career path, adopt practices for vocational success & navigate challenges via our vocational services.

PSYCHIATRIC CONSULT

Short-term tailored psychiatric care & referral to community providers.



AMPLIFY: THE FIRST 60 DAYS

33 SCREENED | 23 ENROLLED

AVERAGE AGE: 22

GENDER: 42% Female; 35% Male; 24% Nonbinary/Gender Diverse

RACE & ETHNICITY: 42% White; 35% Hispanic/Latino; 11% Black/African American; 12% Native American or Asian

67% **Enrolled in School Full-Time**

62% **Employed**

PRESENTING PROBLEMS

52% depressed/sad/down

46% poor concentration/ low motivation

42% anxious/worried/fearful

50% report these make it very or extremely difficult to function

57%
Insurance Coverage

1/3
New to mental health treatment

For more information, contact: Deborah Cohen, Ph.D., MSW
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