

SEEPS Training Companion IV.

Defining Your YPS Role: Responsibilities & Expectations

Create a list of **all the tasks and responsibilities** you currently have in your job.

- This should include the basic functions of your job as well as any additional responsibilities, including emotional labor (e.g., regularly hearing and/or correcting stigmatizing language and beliefs)
- Reflect on what are the actual expectations of your role vs. what work you are currently doing.
- Identify any areas in which your role is unclear, misunderstood or not being respected (e.g., clinicians offload case management tasks onto you; family partners demand that you share about your lived experiences whenever prompted).
- Obtain and review your current job description.
- Reflect on how you can gain clarity or address situations that are unclear; what steps can you take, who can you speak to, what needs to change?

Examples:

Task or Responsibility (examples)	Is this part of my role (yes, no, or unsure)?	If no or unsure, how can you gain clarity or address the situation?
Meeting with clients	yes	
Sharing about my lived experiences with my team	unsure	Discuss the situation with supervisor when it comes up
Educating my team about harm reduction	yes	
Case management	unsure	Review tasks with supervisor
Hospitalizing clients	no	Informing coworkers
Providing emotional support to coworkers	no	Respectfully setting boundaries when a situation feels imbalanced

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Create your own list using the table below (you may include the above examples):

Task or Responsibility	Is this part of my role (yes, no, or unsure)?	If no or unsure, how can you gain clarity or address the situation?