

SEEPS YPS Supervisor Training Content Outline

SEEPS Supervisor Training Objectives	Example Activities
<p>Session 1 (120 mins)</p> <ol style="list-style-type: none"> 1) Define and understand peerness-based relationships as cornerstone of YPS work 2) Increase complex understanding of peerness and the YPS role 3) Learn to support YPS use of intentional sharing, how to manage boundaries & demonstrate empathy 4) Support YPS on-the-job resilience 	<ul style="list-style-type: none"> • Small group discussions: Share and explore discomfort related to supervision of YPS roles. Identify supervision support needs. • Vignette activity: Reflect on scenarios and various ways to respond as a YPS supervisor • Word cloud activity: What topics might YPSs share about that give you anxiety as a supervisor? • Group brainstorm: How can you use supervision to support YPSs with these topics?
<p>Session 2 (120 mins)</p> <ol style="list-style-type: none"> 1) Learn how to promote a variety of perspectives while effectively addressing YPS discrimination and microaggressions within your team. 2) Learn how to support YPSs in navigating reasonable accommodations and building resilience on the job. 	<ul style="list-style-type: none"> • Reflective supervision practice: Practice reflective supervision techniques and explore parallels to peerness-based person relationships. • Vignette activity: Small groups review potential YPS microaggressions and ways supervisors can address situations to support YPSs. • Group discussion: how to support YPS workforce and navigate hard conversations within teams. • Presentation & discussion: Providing reasonable accommodations and supporting self-determination.